



Rehabilitation

California Department of Corrections and Rehabilitation, Division of Rehabilitative Programs (DRP)
Millicent Tidwell, Director (A)



Photo courtesy Eric Owens, Office of Public & Employee Communications

Director's Message

"I'm excited to share that we have just held our inaugural Director's Stakeholder Advisory Group (DSAG) meeting for the Division of Rehabilitative Programs at the Correctional Training Academy in Galt. Individuals from state and county agencies, academia, law enforcement, inmate advocates, aftercare, parole, behavioral studies and our judicial system have been selected to provide input, guidance and support on critical policy decisions. We will meet quarterly to help shape the direction DRP will take to provide rehabilitative programming to the changing needs of our prison and parolee populations, as well as utilize current resources more effectively. The next meeting is scheduled to take place in January 2014.

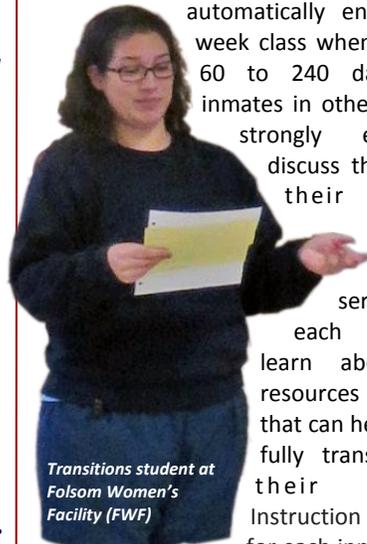
Reentry Hub programs continue moving forward, and services in all institutions and communities are expanding. Online academics are currently being tested, new parole service enhancements are being introduced, and DRP is actively pursuing community partnerships to ensure availability and effectiveness of services both inside and just beyond prison gates.

The establishment of the DSAG and continued positive progress with the Reentry Hubs are two of the many great projects being initiated that reflect our ongoing commitment to providing efficient and effective rehabilitation programs."

Millicent Tidwell, Director (A)
Division of Rehabilitative Programs

Reentry Hub Update: Transitions Program!

The Transitions Program has been established to provide the California Department of Corrections and Rehabilitation (CDCR) inmates with job readiness and job skills prior to their release from prison. Adult inmates in Reentry Hubs will be automatically enrolled in a five week class when they are within 60 to 240 days of release; inmates in other institutions are strongly encouraged to discuss this program with their correctional counselor.



Transitions student at Folsom Women's Facility (FWF)

Through a series of modules, each participant will learn about community resources and programs that can help them successfully transition back into their communities. Instruction totals 76 hours for each inmate and includes transition planning, labor market and job search, job applications, resume writing, job interviews, internet familiarity and financial literacy. The Program will link inmates to 'America's Job Centers of California' (previously California One-Stop Career Centers) and social service agencies in their counties of residence to ensure access to employment and resources upon release.

Inaugural Transitions workshops have launched at Folsom Women's Facility (FWF), Central California Women's Facility (CCWF) and Valley State Prison (VSP). The program will launch in other Reentry Hubs as contracts are awarded.

Please contact Rosalind Russell, Offender Services, rosalind.russell@cdcr.ca.gov.

Photo Below: Instructor Michael Lovell with Transitions students at VSP. Photo Courtesy Lt. Tony Martinez, CPM, VSP

Today!



CDCR Goes Global!

Representatives from the Japanese Ministry of Justice, Bureau of Corrections and Fuchu Prison, visited CDCR in Sacramento on October 31 and November 1, 2013 to learn more about risk and needs assessments and how they assist in the assignment of inmates into programs.

"Our team is developing a risk assessment tool for Japanese adult inmates in order to classify them tailored to appropriate treatment programs. We appreciate your hospitality and being allowed to learn more about your programs."

Koji Miura, Prison Service Division Correction Bureau, Ministry of Justice, Japan

Rodger Meier, Deputy Director (A), escorted psychologists Mr. Koji Miura and Ms. Izumi Kadomoto on a tour of California State Prison-Sacramento (CSP-SAC) and Folsom State Prison (FSP). The group observed a correctional counselor from each institution administer the Correctional Offender Management Profiling for Alternative Sanctions (COMPAS). The Japanese delegation also asked questions about the California Static Risk Assessment (CSRA).



As the gift giving season begins, remember that Angel Tree provides gifts for every inmate's child anywhere in the United States during the holiday season. Inmates register their children to be recipients; this effort can help restore broken relationships and break the generational cycle of criminal behavior. Please support Angel Tree by donating money, purchasing gifts or helping deliver presents.

www.angeltree.org





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Today!

...the right inmate in the right program at the right time

Academic Programs

Increase inmate reading levels to minimum 9th grade level with G.E.D. and accredited college courses also available

Career Technical Education

Prepares inmates for viable vocational career paths upon release by training to industry certification levels

Cognitive Behavioral Treatment

Provides evidence-based treatment for Substance Abuse, Anger Management, Family Relationships and Criminal Thinking

Offender Mentor Certification

Trains and certifies long-term inmates as interns by California Association of Alcohol and Drug Abuse Counselors (CAADAC) to assist as mentors in various substance abuse treatment programs

Pre-Employment Transition

Provides job readiness skills including job search, resume, interviewing, financial skills, access to one-stop career centers

California Identification Card

Assists in obtaining state-issued I.D. cards assist in securing employment, housing, bank accounts, travel, and more

Reentry Hubs

Provide relevant training and services to eligible and interested inmates within 4 years of release

Step-Down Pilot Program

Provides alternatives to criminal gang lifestyle to reduce confinement in Security Housing Units (SHU)

Watch for New Programs:

- Long-Term Offender Program
- Sex Offender Treatment

...and...right outside the gate!

Community & Reentry Services

A growing network of focused evidence-based programs and partnerships emphasize substance abuse treatment, life skills, career development and education, to help offenders transform their lives and successfully reintegrate into society



www.cdcr.ca.gov



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Reentry Services: SCBC Moves People Forward!



Former SCBC client Jules Hatchett and SCBC's Natalya Edwards

The Sacramento Community Based Coalition (SCBC) held an Open House on Friday, October 4, on its 10-acre campus next to Mather Air Field. The event provided an opportunity for local and state stakeholders to learn more about the SCBC's activities and rehabilitation efforts underway.



Chris Liebforth, Proj. Spec. II and Joe Wilson, Comm. Svcs. Proj. Mgr.

Active since CDCR and the Sacramento County Office of Education launched it in 2007, SCBC has processed over 2,500 parolees – more than 75% of the current parolee population in Sacramento County! This weekday drop-in center operates morning and afternoon courses in education and GED, computer literacy, graphics and design, printing, retail sales, landscaping and employment courses, substance abuse treatment, financial literacy, family relationships and a 52-week Batterers Intervention.

The Landscaping program is used as a precursor for the popular Caltrans Work Crew Program (see October 2013 newsletter); clients learn about punctuality, job expectations and individual accomplishment while providing services to community-based and faith-based organizations. Landscaping crews can be found in

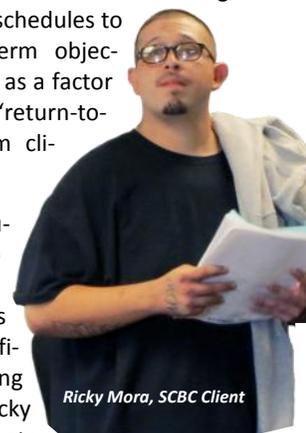
the Sacramento City Cemetery, Safetyville, Sacramento's Buddhist Temple, Little League Parks, and they recently gleaned more than one (1) million pounds of unharvested vegetables at Davis Ranch to donate to the homeless!

Clients progress through three phases of an Individual Treatment Plan and instruction designed to make them marketable as employees; 78% of students in Phase III have jobs compared to 10% of Phase I students. Clear expectations and milestones are developed as the parolees "work....to get work". They develop strict schedules to achieve short and long-term objectives; this discipline is cited as a factor in the SCBC's low 13% "return-to-custody" rate for program clients.

At the Open House, students were introduced to the audience of parole agents, treatment providers and state and county officials. Most notable among the students were Ricky Mora, a successful graduate who attributed his recent employment to the disciplines and skills taught him at SCBC; and Harold Richardson, another SCBC client who is religiously following his game plan to become a long-haul truck driver. Harold credits the SCBC with helping him become computer literate and develop work skills being applied in Northern California Construction Training (NCCT) school. Other SCBC graduates were also in attendance; these individuals, like Jules Hatchett, a recovering ex-felon, are 'paying it forward' to share their insights with current clients!

DRP congratulates SCBC and the Sacramento County Office of Education for its great progress!

Please contact Marc Nigel, Director, Sacramento Community Based Coalition, mnigel@scoc.net



Ricky Mora, SCBC Client



"I have a feeling of self-esteem and accomplishment that I've never had before. This keeps me going forward. The SCBC made me computer literate so I could look for jobs and have more skills. They helped me (take classes) at NCCT so I can become a truck driver."

Harold Richardson, SCBC Client



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*...the right inmate,
the right program,
the right time...and...
right outside the gate!*

Community Reentry Services:

Computer Literacy Learning Centers (CLLC):

Certified teachers provide computer-based courses for basic reading, writing and math

Day Reporting Centers and Community Based Coalitions (DRC and CBC):

"One Stop Shops" address parolee's needs through assessment and placement in classes and support services. Education, life skills, financial and employment training, substance abuse and counseling. Some transition housing available

Female Offender Treatment and Employment Program (FOTEP):

Gender-responsive residential treatment services for women and their children

Parolee Service Centers (PSC):

Residential programs provide group and family reunification, life, employment skills

Parolee Services Network (PSN):

Residential and Outpatient alcohol and drug treatment centers in 17 counties encourage clean and sober reintegration into society

Residential Multi-Service Centers (RSMC):

Housing, substance abuse treatment and independent living skills to help at-risk parolees transition back into the community

Substance Abuse Services Coordination Agencies (SASCA):

Community-based residential and outpatient sober-living treatment facilities in each region promote pro-social behavior that reduces potential for relapse or recidivism

Substance Abuse Treatment and Recovery Program (STAR):

Certified instructors provide substance abuse treatment education in select parole offices

Reentry Hub Update:



Cross Training

Understanding roles...goals...vision

CDCR is sponsoring unique training from the University of California, San Diego (UCSD), to build a strong treatment and rehabilitation collaboration between different professionals at Reentry Hubs.

Dr. Igor Koutsenok, MD, MS, Director of UCSD Center for Criminality and Addiction Research, Training and Application (CCARTA), is a recognized expert on workforce development training for substance abuse counselors and will provide these workshops.

The purpose of this three-day training is to create an environment in prison where successful treatment can take place. Cross-training offers opportunities for both Reentry Hub correctional staff and Cognitive Behavioral Treatment program providers to learn more about each other and their unique roles by providing intense team-building and problem-solving training. Throughout the training, each participant will have the opportunity to learn about the importance of offender rehabilitation in custody and community settings as well as different types of evidence-based practices.

"Cross-training presents an opportunity to better understand each other's roles, rules, goals, and visions. It reinforces that offenders' rehabilitation has nothing to do with being "soft on crime." The purpose of cross-training is to help to build trust, mutual understanding, and together contribute to public safety for all."

Dr. Igor Koutsenok, University of California San Diego

Dr. Koutsenok's initial training is scheduled in November for California Men's Colony (CMC) and California Institution for Women (CIW) and December for Ironwood State Prison (ISP) and Central California Women's Facility (CCWF).

Please contact Mary Ann Young, Resource Development & Outreach, maryann.young@cdcr.ca.gov

Peacemakers' Alliance

Deuel Vocational Institution (DVI) has a rich history of rehabilitative programs.

One program, Peacemakers' Alliance (created by Angèle Echele, an Alternatives to Violence Project volunteer facilitator for DVI and Literacy Coordinator at San Mateo County Jail) positively impacts DVI's prison community by fostering a sense of community and responsibility. This voluntary program selects a racially diverse group of general population candidates who have a GED/high school diploma.

Members learn non-violent communication techniques and critical literacy skills – the ability to read, comprehend, question and apply principles from academic journals, i.e., *Harvard Educational Review* and *Johns Hopkins Public Health Magazine*. Students use the tenets of education, hope, humanity and constructive resistance against negative oppression to change their outlook and behavior.



Workshop members create and implement a class project each term, which lasts approximately seven months. The initial class created an outreach DVD to reach youth offenders; the 2nd year's class hosted a "Peace Summit" at DVI including correctional and administrative staff, community stakeholders; this year, students are developing bylaws to achieve Inmate Leisure Time Activity Group (ILTAG) status.

Now in its 3rd year, Peacemakers' Alliance members have consistently increased reading levels by five years (pre-and post-Bader Reading and Language Assessments). Three life-sentence inmates actively participating in the program have been released; the Parole Board cited impact of this program's unique combination of objectives. DVI wardens have supported the program's growth, and believe that it is generating a positive return.

"Peacemakers' Alliance is small but significant to DVI. The insight and leadership demonstrated by members positively impacts fellow inmates. The fact that program graduates volunteer as facilitators for current courses underscores the positive reinforcement that's essential to successful rehabilitation".
J. Price, Warden (A), DVI

Please contact Martina Virrey, Community Partnership Manager, DVI, martina.virrey@cdcr.ca.gov

Attention IST Staff — the stakes have been raised in DRP's #8332 Rehabilitative Programming competition! The institution with the largest number of completed quizzes will be featured in Rehabilitation Today! and receive a commemorative plaque! Details in your email!