

Rehabilitation

California Department of Corrections and Rehabilitation, Division of Rehabilitative Programs (DRP)
Millicent Tidwell, Director (A)



Director's Message

"As CDCR moves into a new era, our Division has incredible opportunities to positively impact recidivism. CDCR rehabilitation focuses on the right inmate in the right program at the right time. I urge each and every one of you to support our mission of evidence-based rehabilitation that positions our program graduates for success upon release; an example is our new Automotive Service Excellence accreditation described in this issue.

We are going to change the way we think about rehabilitative programs, by adapting a more holistic approach – such as offering offenders wrap-around services that truly meet all of their behavioral, social, educational and employment needs, on both sides of the prison wall; improving on the continuum of services we provide by increasing program oversight in local communities; and developing new initiatives to extend our rehabilitative mission with our partners.

Our rehabilitative mission is not a single, short race to be won – but a marathon. With each step of the way, everyone in DRP will be an integral part of our goal to pace ourselves to win this marathon. I am proud of the commitment I've seen from our staff thus far, and I know that your continuing efforts will help DRP achieve its rehabilitative mission effectively and efficiently."

Millicent Tidwell, Director (A)
Division of Rehabilitative Programs

New this Month!

Rehabilitative programs are expanding 'Inside the Gate' (page 2) and 'Outside the Gate' (page 4)! Plus, test your rehabilitative knowledge (page 4)!

Automotive Training Goes High Tech!

This logo is now appearing in all CDCR male institutions! Doesn't this look familiar to you as a consumer looking for the best repair facility for your car?



National Institute for
Automotive Service Excellence

The Office of Correctional Education's (OCE) Career Technical Education unit is taking automotive career training to new heights with state-of-the-art courses in engine diagnostics; tire-changing; steering and suspension. Materials, equipment and supplies for changing tires, rotation and balancing as well as hydraulic lifts and diagnostic alignments have been received in institutions and will be installed in September, with instructor training to follow. Training programs will resemble garages found in dealerships and will ultimately include 1 car for training on steering and suspension, 1 car for hybrid technology, and, in a space-saving nod for these high-demand courses, 6 "clip cars" (also known as half-cars) will be used for training in electrical, heating-ventilation-air conditioning, engine and automotive computer technology!



Automotive Clip Car

Successful graduates of these courses will receive documentation qualifying them for certification upon release by the National Institute for Automotive Service Excellence (ASE). ASE is a recognized industry standard and symbol of quality that will give inmates the extra edge!

Please contact Mike Valdez, Office of Correctional Education, michael.valdez@cdcr.ca.gov

Today!

Reentry Passport

Having a California identification card is critical for employment and other services, and the Cal I.D. Card is a great program for offenders to participate in prior to release. Watch it on the web: <http://tinyurl.com/calidonweb> or CDCR's intranet: <http://tinyurl.com/cdrcalidonintranet>

Rehabilitative Professional of the Year!

Carlos Ramirez, Correctional Counselor (CC) III at California Institution for Men (CIM), was honored during the 2013 Medal of Valor ceremony for his many contributions to the department during his 26-year career with CDCR. DRP congratulates Carlos on this well-deserved recognition!



Carlos Ramirez with Director (A) Millicent Tidwell on 8/29/13

Coming Soon! In-Service Training

Institution staff will have a new option to fulfill their In-Service Training (IST) requirement with DRP's new On-the-Job Training Bulletin — *Rehabilitative Programming*.

700+ New Slots for Parolees!

DRP's Community Reentry Services (CRS) is opening 9 new Day Reporting Centers to provide more services to released inmates "right outside the gate". Located in Alameda, Fresno, Kern, Los Angeles (2), Orange, San Diego, San Francisco and San Joaquin counties, all are Computer Literacy Learning Centers (CLLC)! <http://tinyurl.com/cdcrparoleservices>

FOTEP Scores in UCLA Study!

Post prison substance abuse treatment, called aftercare, is found to reduce recidivism by 80% for women who complete the Female Offender Treatment and Employment Program after prison release. <http://tinyurl.com/cdcrfotepstudy>



...the right inmate in the right program at the right time

Academic Programs

Increase inmate reading levels to minimum 9th grade level with G.E.D. and accredited college courses also available

Career Technical Education

Prepares inmates for viable vocational career paths upon release by training to industry certification levels

Cognitive Behavior Therapy

Provides evidence-based treatment for Substance Abuse, Anger Management, Family Relationships and Criminal Thinking

Offender Mentor Certification

Trains and certifies long-term inmates as interns by California Association of Alcohol and Drug Abuse Counselors (CAADAC) to assist as mentors in various substance abuse treatment programs

Pre-Employment Transition

Provides job readiness skills including job search, resume, interviewing, financial skills, access to one-stop career centers

California Identification Card

Assists in obtaining state-issued I.D. cards to satisfy federal requirements for employment documentation and other services

Reentry Hubs

Provide relevant training and services to eligible and interested inmates within 4 years of release

Step-Down Pilot Program

Provides alternatives to criminal gang lifestyle to reduce confinement in Security Housing Units (SHU)

Watch for New Programs:

- Long-Term Offender Program
- Sex Offender Treatment



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FWF (Folsom) Building a New Future!

A new model for the Rehabilitative Community has just opened to serve female offenders. Folsom Women's Facility (FWF) will allow 403 female offenders to maintain closer ties to family and relatives in Northern California. The medium and minimum-security population is housed in re-purposed dormitory-style housing and offers rehabilitative and reentry programs, career and job training and substance abuse treatment.



FWF Associate Warden Harrington, Inmate Stephanie and CDCR Chief Deputy Secretary Deborah Hysen
(courtesy Folsom Telegraph)

In anticipation of the special needs of their new residents, FWF implemented gender-response training and innovative programs including in-office clerical training and tasks at California Prison Industry Authority (CalPIA) headquarters and the Inmate Ward Labor (IWL) program. IWL is a cost-effective approach addressing both inmate education and CDCR's capital budget objectives: FWF inmates learn job skills in carpentry, electrical, mechanical, and plumbing while remodeling facilities. Recently, many women were recognized for their efforts in constructing what would become their home.

Associate Warden Robin Harrington presented highlights of FWF life to the Correctional Rehabilitation Oversight Board, noting the atmosphere of "self-help, spiritual and community support" evident in busy and active common areas. She and FWF Warden Rick Hill share a goal to provide a sense of empowerment for their newest inmates.

Please contact: Lt. Joseph Tuggle,
Folsom State Prison
joseph.tuggle@cdcr.ca.gov



Dr. Joan Parkin,
Feather River
Community College,
with PBSP
Inmate Conner

Beyond the Classroom!

Rehabilitative programs offer more educational opportunities to inmates than the traditional classroom environment. More than 19,000 inmates statewide are taking courses, ranging from Adult Basic Education (ABE) to college courses through CDCR's Voluntary Education Program (VEP).

VEP allows inmates the advantage of obtaining academic improvements without being assigned to a specific education program (i.e. classroom). Alternative programs reach general-population inmates in smaller groups, and VEP offers cell-front instruction by credentialed instructors to offenders in Security Housing Units (SHU).

Another example of VEP's creative approach is Feather River Community College's COHORT program. Now in its 4th year at Pelican Bay State Prison (PBSP), COHORT offers an Associate of Arts (AA) degree using self-study in facilities. Instructional materials are mailed to offenders for independent study; instructors provide tutoring and proctor examinations.

This summer, PBSP congratulated two inmates (one in SHU!) who earned their Liberal Arts AA degrees. The SHU inmate is the first COHORT graduate and also earned a 4.0 GPA! The 2nd graduate used Flex-time Scheduling (another initiative) to take courses around his duties in the prison laundry and plans to pursue a Bachelor's Degree while completing his 2020 sentence.

"When an inmate earns their G.E.D. or high school diploma, you can see the change. The light comes on in their eyes and they (inmate) approach everything with the desire to be successful" Valarie Anderson, Principal, PBSP



...the right inmate in the right program at the right time

DAPO & DRP: Building Bridges



Parolees working together at Santa Ana Day Reporting Center (courtesy Chris Carlson for sfgate.com)

Governor Edmund G. Brown, Jr. signed into law Assembly Bill 109, referred to as the 2011 Public Safety Realignment Act on April 2, 2011. The 2011 Public Safety Realignment Act mandates the State-to-County authority transfer of responsibility for the supervision of lower level offenders and adult parolees.

Realignment has paved the way for the development and strengthening of new partnerships amongst communities and the State to ensure that rehabilitative program goals are achieved. It has allowed the Division of Adult Parole Operations (DAPO) to concentrate their focus on the more serious and violent offenders under California Parole supervision. DAPO's mission continues to be protection of the public and parolee reintegration. Research shows that to achieve positive pro-social outcomes, correctional agencies must provide rehabilitative programs to the right inmates, at the right time, and in a manner consistent with evidence-based programming design. DRP will provide a continuum of before-and-after care through comprehensive wrap-around services to coach the parolee to success in the outside world; in this post-Realignment era, more stakeholders are involved, and a new partnership between DAPO and DRP has been initiated by the directors of both divisions – Daniel Stone and Millicent Tidwell, respectively. A new parole rehabilitative program oversight team, led by Chief Deputy Maritza Rodriguez of DAPO's Southern Region, has partnered with DRP's Colleen Curtin, Chief of DRP's Community and Reentry Services Community and Reentry Services, to extend DRP's in-prison programs ("...the right inmate, right program, at the right time") to "right outside the gate". Parolees are assessed using the California Static Risk Assessment (CSRA) tool

"With realignment, [parolee] programming has shifted from low level offenders to more serious and violent offenders, which requires changes to the service model. Research shows parolees who participate in community programming upon initial release have a reduced rate of recidivism. DAPO is committed to reducing offender criminality through both the California Parole Supervision and Reintegration Model (CPSRM) and by partnering with rehabilitative programs to ensure effective program delivery. DAPO is appreciative of the service DRP provides and is excited to be partnering with them to ensure the department's parolee rehabilitative program goals are met."

Maritza Rodriguez, Chief Deputy Regional Administrator, DAPO

to evaluate risk and a Reentry Correctional Offender Management Profiling for Alternative Sanctions (COMPAS) assessment to identify needs and are subsequently referred to the appropriate program regimen for recommended program and crucial family support upon release.

Director (A) Tidwell is excited about the next steps for the department overall as this partnership with DAPO evolves. "DAPO has been a wonderful, astute partner in this innovative realignment endeavor, and I'm excited to have Maritza, Willie [Bulda], and Chenita [Bradley] on board and working with DRP staff in order to continue improving upon providing the right programs to all offenders. Through the use of evidence-based principles and practices, DRP, in partnership with DAPO, will ensure delivery of a core set of effective rehabilitation programs."

Correctional Education's Welding Program Makes S.E.N.S.E.

The American Welding Society (AWS) provides industry standards for the welding and joining of various metals. All CDCR institutions have now become members of AWS, and will soon offer the society's Schools Excelling through National Skills Education (SENSE) certificates to inmates successfully completing any of 18 different welding courses. SENSE establishes standards for training entry level welders, and is a recognized seal of approval in the welding industry. This program provides instructors access to technical resources



and knowledge of national and international standards. Completion of each course will qualify the inmate, upon release, to be tested for Entry, Advanced or Expert Welder employment certification and let the parolee also take advantage of AWS's job bulletin board opportunities.

The Welding class at California State Prison-Solano's (SOL) Vaca Valley Adult School received AWS Sustaining Company membership in June. Instructor Mark Eiswirth was recognized for certifying over 200 AWS welders during the past 22 years.



Instructor Mark Eiswirth

Please contact Mike Valdez, Office of Correctional Education, michael.valdez@cdcr.ca.gov



*...the right inmate in
the right program at
the right time...and...
right outside the gate!*

DRP funds a growing network of focused evidence-based Community and Reentry Services throughout California to help offenders transform their lives and successfully reintegrate into society:

Computer Literacy Learning Centers (CLLC):

Certified teachers provide computer-based courses for basic reading, writing and math

Day Reporting Centers and Community Based Coalitions (DRC and CBC):

“One Stop Shops” address parolee’s needs through assessment and placement in classes and support services. Education, life skills, financial and employment training, substance abuse and counseling. Some transition housing available.

Female Offender Treatment and Employment Program (FOTEP):

Gender-responsive residential treatment services for women and their children

Parolee Service Centers (PSC):

Residential programs provide group and family reunification, life, employment skills

Parolee Services Network (PSN):

Residential and Outpatient alcohol and drug treatment centers in 17 counties encourage clean and sober reintegration into society

Residential Multi-Service Centers (RSMC):

Housing, substance abuse treatment and independent living skills to help at-risk parolees transition back into the community

Substance Abuse Services

Coordination Agencies (SASCA): Community-based residential and outpatient sober-living treatment facilities in each region promote pro-social behavior that reduces potential for relapse or recidivism

Substance Abuse Treatment and Recovery Program (STAR):

Certified instructors provide substance abuse treatment education in select parole offices

Please submit any stories or comments to rehab.today@cdcr.ca.gov

Rodger Meier:



Up Through the Ranks

Rodger Meier, Deputy Director (A), is beginning his 28th year with CDCR. He began his career in 1986 at Folsom State Prison and California State Prison – Sacramento after graduating at the top of his class from the Academy. In 1998, he promoted to High Desert State Prison (HDSP) as a Correctional Counselor (CC) I. He promoted to CC II (Specialist) in 2002 and held the positions of Appeals Coordinator, Assistant Classification and Parole Representative (C&PR), and Litigation Coordinator. In 2002, he transferred to the Classification Services Unit (CSU) and was instrumental in researching and developing instructional memoranda and training for the Minimum Custody Section, many of which are used today by classification committees to make minimum custody determinations. In 2004, Rodger became a CC III charged with providing statewide classification direction for the Administrative Segregation and Security Housing Unit Section. During his tenure as a CC III, he also prepared cases and participated in the Departmental Review Board. He assisted in the development and activated the California Out-of-State Correctional Facility (COCF) in 2006 as the C&PR. In 2009, Rodger transferred to the Board of Parole Hearings (BPH), as a Senior Investigator. While at BPH he also held the positions of Chief, Workforce Development; Special Assistant to the Executive Officer; and was on loan to the Governor’s Office to work on the proposed United States Immigration and Customs Enforcement sentence commutation project. Rodger came to DRP in 2012 as a Correctional Administrator overseeing the In-Prison Programs Unit. In 2013, Rodger became the Deputy Director (A) for DRP.

Rodger also served in the California Army National Guard, 270th Military Police Company, from 1981 through 1993 and was deployed in 1991 to Operation Desert Storm during the Gulf War.

DRP is thrilled to have Rodger’s extensive background and knowledge of CDCR practices to deliver a growing number of initiatives in support of the rehabilitative services statewide.

Rehabilitation Today Word Puzzle

Solve the Clues, then Find the Words!

(HINT: Words go in all directions!)

1. Risk and needs are part of an inmate’s _____ process before being assigned for rehabilitation.
2. _____ behavior therapy focuses on substance abuse, anger management, family relationships and criminal thinking.
3. _____ Interviewing will be used by Correctional Counselors to coach inmates through the rehabilitative process.
4. An inmate released under specific conditions is in _____.
5. _____ Abuse Treatment is one of the key therapies that affect cognitive behavior.
6. CDCR Secretary Jeffery _____
7. Technical Education used to be called _____ Instruction.
8. The Division of Rehabilitative Program is executing plans developed in CDCR’s _____ which will save California billions of dollars, reduce recidivism and end federal oversight.
9. Computer _____ Learning Centers provide computer-based courses for reading, writing and math.
10. Inmate _____ Labor is a cost-effective program use to prepare the new Folsom Women’s Facility.

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